



WORKSHEET

Complete the Reimbursable Meal

What are the 5 reimbursable meal components?

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PART 1: Individual practice. Answer each question on paper, then compare answers in pairs or as a group.

Which component(s), if any, are needed to make each example a complete reimbursable meal?

Ex. 1: Burger (with bun), chocolate milk	Ex. 2: Yogurt & fruit parfait, apple, water
Ex. 3: Cheese pizza	Ex. 4: Green salad, water
Ex. 5: Pasta with meat sauce, orange juice	Ex. 6: 3 hash browns, milk

Lunchroom target foods to promote:

