



Building Smarter Lunchrooms Partnerships

Create a SNAC (Student Nutrition Action Committee)

Students are creative, social, energetic, and very interested in their lunchrooms, which makes them excellent sources of ideas and manpower for Smarter Lunchrooms initiatives. Incorporate their talents and enthusiasm by forming a SNAC or recruiting help from the existing student groups listed below.

Benefits of participating in a SNAC:

- Representation in lunchroom decision-making
- Gain work, service, and leadership experience
- Learn more about nutrition



Who to contact when recruiting:

- Student Government
- National Honor Society
- Service organizations (e.g., Key Club)
- Art and AV clubs
- Teachers or guidance counselors (can recommend students for your group)

Ways teens can contribute:

- Share input via comment boxes, student-made surveys, etc.
- Maintain social media presence
 - Be spokespersons to school newspaper, radio/TV, and announcements
 - Promote lunchroom initiatives on Facebook, Twitter, Instagram, etc.
 - Create/maintain social media page for school or district's Smarter Lunchrooms projects
- Promote target foods by creating catchy names, designing and running taste tests, etc.
- Design signage, menus, and other lunchroom decorations
 - Note: Even if the lunchroom leaders want to make food labels and promotional signage themselves, students can still provide photography, art, and editing skills for signage.
- Fundraise for lunchroom needs (signage, art supplies, themed decorations, utensils, etc.)
- Participate in tray waste or sustainability-themed science project