Healthier Kids
Healthier Schools
Healthier Communities

Learn how you can partner with Michigan State University Extension in your school

MSU Extension, in partnership with the Cornell B.E.N. Center, offers a menu of services including:

- Technical assistance in Smarter Lunchroom assessment and implementation
- Food Service Staff training
- Nutrition education in the classroom
- Additional initiatives

A **Smarter Lunchrooms TAP** (Technical Assistance Provider) is **educated, inspired, and empowered** to enact interventions and training in school lunchrooms, usually at the multi-school or district level.

The **No Time to Train** program is a year of 10 minute workshops for lunchroom staff, based on Smarter Lunchroom principles and interventions that satisfy USDA professional development requirements.

For more information, contact Becky Henne at henner@msu.edu or Liz Dorman at bakerel7@msu.edu or 517-543-2310.

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No Time to Train

Are you looking for training opportunities for your staff?

Partner with MSU Extension for quick and effective training sessions for your staff that will meet USDA requirements.

- Choose from a menu of lessons personalized to meet your school’s needs.
- A certified MSU Extension Smarter Lunchroom Technical Assistance Provider (TAP) can assist you with your food service training requirements.
- Each lesson can be as quick as 10 minutes or as long as an hour.
- Trainings are tailored to teach:
  * Smarter Lunchroom techniques
  * Offer vs. serve
  * Customer service
  * Strategic & Marketing Plans
  * Retention, Promotion & Recognition

Smarter Lunchrooms

Are you interested in creating a healthier school environment with low and no cost solutions?

Partner with MSU Extension to implement the Smarter Lunchroom strategies in your school!

- A smarter lunchroom is one that nudges kids toward nutritious foods. MSU Extension staff assist with conducting a pre and post assessment of your cafeteria, and provide insight to implement changes that really work!
- Over 60 MSU Extension staff across the state are certified Technical Assistance Providers (TAPs) of the Smarter Lunchrooms strategies.

Proven strategies:
- Moving & highlighting fruit increased sales by 102%
- Naming vegetables increased selection of veggies by 40%-70%

Over 30 million children are fed by the National School Lunch Program (NSLP).

Nutrition Education

Are you interested in having nutrition education in your school’s classrooms?

Contact your local MSU Extension office and ask to speak with the Health and Nutrition staff person. Schools must be 50% or greater free and reduced price meals to qualify for this service.

Extras!

MSU Extension can provide assistance in other areas...

- Fuel Up to Play 60
- HSAT (Healthy School Assessment Tool)

For more information:
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