



MSU Extension, in partnership with the Cornell B.E.N. Center, offers a menu of services including:

- Technical assistance in Smarter Lunchroom assessment and implementation
- Food Service Staff training
- Nutrition education in the classroom
- Additional initiatives



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A **Smarter Lunchrooms TAP** (Technical Assistance Provider) is **educated, inspired, and empowered** to enact interventions and training in school lunchrooms, usually at the multi-school or district level.

The **No Time to Train** program is a year of 10 minute workshops for lunchroom staff, based on Smarter Lunchroom principles and interventions that satisfy USDA professional development requirements.

For more information, contact Becky Henne at [henner@msu.edu](mailto:henner@msu.edu) or Liz Dorman at [bakerel7@msu.edu](mailto:bakerel7@msu.edu) or 517-543-2310.



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# Healthier Kids

## Healthier Schools

### Healthier Communities

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Learn how you can partner with Michigan State University Extension in your school



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**IT'S NOT NUTRITION  
UNTIL IT'S EATEN**



## Smarter Lunchrooms

**Are you interested in creating a healthier school environment with low and no cost solutions?**

Partner with MSU Extension to implement the Smarter Lunchroom strategies in your school!

- A smarter lunchroom is one that nudges kids toward nutritious foods. MSU Extension staff assist with conducting a pre and post assessment of your cafeteria, and provide insight to implement changes that really work!
- Over 60 MSU Extension staff across the state are certified Technical Assistance Providers (TAPs) of the Smarter Lunchrooms strategies.

Proven strategies:

- Moving & highlighting fruit increased sales by 102%
- Naming vegetables increased selection of veggies by 40%-70%

**Over 30 million children are fed by the National School Lunch Program (NSLP).**

## No Time to Train

**Are you looking for training opportunities for your staff?**

Partner with MSU Extension for quick and effective training sessions for your staff that will meet USDA requirements.

- Choose from a menu of lessons personalized to meet your school's needs.
- A certified MSU Extension Smarter Lunchroom Technical Assistance Provider (TAP) can assist you with your food service training requirements.
- Each lesson can be as quick as 10 minutes or as long as an hour.
- Trainings are tailored to teach:
  - \*Smarter Lunchroom techniques
  - \*Offer vs. serve
  - \*Customer service
  - \*Strategic & Marketing Plans
  - \*Retention, Promotion & Recognition



## Nutrition Education

**Are you interested in having nutrition education in your school's classrooms?**

Contact your local MSU Extension office and ask to speak with the Health and Nutrition staff person. Schools must be 50% or greater free and reduced price meals to qualify for this service.

## Extras!

**MSU Extension can provide assistance in other areas...**

- Fuel Up to Play 60
- HSAT (Healthy School Assessment Tool)

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For more information:

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