working with the target audience was incorporated in program development.

**Target Audience:** Third-grade students in North Carolina public schools with 50% or more students participating in the National School Lunch Program.

**Description:** The program consists of 9 interactive sessions. Sessions include discussion, hands-on activities, cooking demonstrations, and taste tests designed to educate and facilitate behavioral change by engaging all the senses. The program is delivered by agents with the North Carolina Cooperative Extension Service.

**Evaluation:** Changes in knowledge and behavior are evaluated with (1) pre-post knowledge and behavior surveys, (2) parent feedback forms, (3) classroom teacher feedback forms, and (4) Cooperative Extension agent feedback forms.

**Conclusions and Implications:** During each funding cycle, the Steps to Health third-grade program has met or exceeded program objectives related to student knowledge gain and behavior change. In fiscal year 2010, 68.9% of participants improved their overall nutrition knowledge. As reported on feedback forms, 90.4% of classroom teachers observed positive change in their students' behavior related to eating and physical activity, and 75.8% of parents observed their child eating more fruits and vegetables. This program provides a model for Supplemental Nutrition Assistance Program Education (SNAP-Ed) and Cooperative Extension networks serving a similar population.

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